

Principles of Human Services

Exam Information	Description
Exam number TX006 Items 30	Principles of Human Services is a laboratory course that will enable students to investigate careers in the Human Services Career Cluster, including counseling and mental health, early childhood development, family and community, personal care, and consumer services. Each student is expected to complete the knowledge and skills essential for success in high-skill, high-wage, or high-demand human services careers.

Exam Blueprint and Performance Skills

Standard	Percentage of exam score
1. Personal Characteristics for Success	13%
2. Consumer Services	10%
3. Counseling and Mental Health Services	10%
4. Early Childhood Development	13%
5. Family and Community Services	13%
6. Fashion Design	13%
7. Interior Design	17%
8. Personal Care Services	11%

Standard 1 - Personal Characteristics for Success

The student demonstrates personal characteristics for success in high-skill, high-wage, or high-demand careers. The student is expected to:

Objective 1 Explain and practice responsible decision making consistent with personal needs, wants, values, and priorities.

Objective 2 Develop measurable short- and long-term goals for personal and professional life.

Objective 3 Demonstrate personal-management skills needed for productivity.

Objective 4 Practice ethical and appropriate methods of conflict resolution.

Objective 5 Investigate the significance of grooming, appearance, and appropriate apparel selection in personal and professional settings.

Objective 6 Analyze the relationship of wellness to personal and professional productivity.

Objective 7 Determine personal and professional implications of substance abuse.

Objective 8 Demonstrate apparel maintenance and repair skills that enhance appearance in personal and professional settings.

Objective 9 Practice leadership skills such as participation in career and technical student organizations.

Objective 9 Demonstrate effective communication skills.

Standard 2 - Consumer Services

The student demonstrates the skills necessary to enhance personal and career effectiveness in consumer services. The student is expected to:

Objective 1 Apply the decision-making process in planning the allocation and use of finances.

Objective 2 Use technology to manage resources.

Objective 3 Examine sustainable consumer buying techniques that promote effective use of resources.

Objective 4 Describe rewards, demands, and future trends in consumer service careers.

Objective 5 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.

Standard 3 - Counseling and Mental Health Services

The student demonstrates the skills necessary to enhance personal and career effectiveness in counseling and mental health services. The student is expected to:

Objective 1 Identify types of crises.

Objective 2 Determine appropriate responses, management strategies, and available technology to meet individual and family needs.

Objective 3 Determine effects of crisis on individuals and families.

Objective 4 Predict crises typical of various stages of the life cycle.

Objective 5 Identify the contributing factors of stress and how those factors impact individuals and relationships.

Objective 6 Investigate causes, prevention, and treatment of domestic violence.

Objective 7 Describe rewards, demands, and future trends in counseling and mental health services.

Objective 8 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.

Standard 4 - Early Childhood Development

The student demonstrates the skills necessary to enhance personal and career effectiveness in early childhood development and services. The student is expected to:

Objective 1 Identify the basic needs of children.

Objective 2 Analyze the responsibilities of caregivers for promoting the safety and development of children.

Objective 3 Determine developmentally appropriate guidance techniques for children.

Objective 4 Investigate causes, preventions, and treatment of child abuse.

Objective 5 Describe rewards, demands, and future trends in early childhood development and services.

Objective 6 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.

Standard 5 - Family and Community Services

The student demonstrates the skills necessary to enhance personal and career effectiveness in family and community services. The student is expected to:

Objective 1 Identify the basic functions of the family, including roles and responsibilities.

Objective 2 Investigate societal, cultural, demographic, and economic factors affecting the responsibilities of family members.

Objective 3 Analyze the multiple roles and responsibilities assumed by individuals within the family.

Objective 4 Investigate community service opportunities.

Objective 5 Analyze dietary practices across the life span.

Objective 6 Explain the impact of nutrition on development, wellness, and productivity over the life span.

Objective 7 Prepare nutritious snacks or meals that contribute to wellness and productivity through the life span.

Objective 8 Describe rewards, demands, and future trends in family and community services.

Objective 9 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.

Standard 6 - Fashion Design

The student demonstrates the skills necessary to enhance personal and career effectiveness in fashion design. The student is expected to:

Objective 1 Describe factors influencing apparel selection.

Objective 2 Analyze apparel selection practices that accommodate personal needs, including age, lifestyle, special needs, and career.

Objective 3 Interpret and use information on apparel care labels.

Objective 4 Demonstrate safety practices when using and caring for apparel construction tools and equipment.

Objective 5 Demonstrate simple clothing repair and alteration techniques.

Objective 6 Describe rewards, demands, and future trends in fashion design.

Objective 7 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.

Standard 7 - Interior Design

The student demonstrates the skills necessary to enhance personal and career effectiveness in interior design. The student is expected to:

Objective 1 Describe priorities and needs that influence interior design decisions.

Objective 2 Identify the elements and principles of design used in interiors.

Objective 3 Describe safe use and care of interior furnishings and equipment.

Objective 4 Identify maintenance and safety practices that affect interiors.

Objective 5 Discuss cultural, demographic, societal, and economic factors that influence interior design trends.

Objective 6 Describe rewards, demands, and future trends in interior design.

Objective 7 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.

Standard 8 - Personal Care Services

The student demonstrates the skills necessary to enhance personal and career effectiveness in personal care services. The student is expected to:

Objective 1 Explore new and emerging technologies that may affect personal care services.

Objective 2 Investigate the specific state requirements for licensure in personal care services.

Objective 3 Create records, including electronic records, of client services to retrieve personal care client information.

Objective 4 Examine different types of media to achieve maximum impact on targeted client populations.

Objective 5 Describe rewards, demands, and future trends in personal care services.

Objective 6 Identify employment and entrepreneurial opportunities and preparation requirements in the areas of personal interest.